

27<sup>th</sup> March 2024

Dear Parent/Carer

## **Personal & Social Development Sex Education - Year 10**

As part of the RSE curriculum at Haileybury Turnford, Year 10 students will be partaking in sex education lessons commencing from April, summer term.

Sex education lessons will provide our students with the provision of information about bodily development, sex, sexuality, and relationships, along with skills-building to help young people communicate about and make informed decisions regarding sex and their sexual health.

The objective of sex and relationship education is to help and support young people through their physical, emotional and moral development. The lessons will aim to help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood. Sex education plays an important role, alongside other aspects of the curriculum and school life, in helping students deal with difficult moral and social questions.

Some of the topics that will be covered this term include:

- Recognising unhealthy relationships, including domestic abuse
- Pregnancy, fertility and abortion
- The impact of sexually transmitted diseases
- Techniques to avoid sexual pressure, including consent and coercion
- Online behaviours such as sexting and harassment
- Keeping safe from sexual exploitation and harmful sexual behaviours

The lessons have been specifically designed by leading, national experts at the Sex Education Forum who have extensive experience in teaching sex and meet government legislation on Sex and Relationships Education (SRE). We believe these are valuable lessons designed by staff that have completed intensive training.

If you have any questions about the content of lessons or the PSHRE curriculum provision at Haileybury Turnford, please do not hesitate to contact me at [brainl@haileyburyturnford.com](mailto:brainl@haileyburyturnford.com).

Yours faithfully

**Miss L Brain**

Subject Leader Social Sciences & Personal and Social Development

