Year 11 Bulletin

AMBITION • PRIDE • SUCCESS

March 2024



To Year 11,

Well done for all the effort and determination that so many of you have shown this term. It's been great to see that revision sessions have been attended, showing commitment to your future.

As we approach the start of exam season, please ensure you continue to remain focussed during the holiday, and on the run up to your GCSEs that start at the beginning of May. Keep the revision going, we are very nearly there!

Remember to stay positive and give every exam your best shot.

I am looking forward to seeing so many of you achieving well, which will enable you to move on to your next chosen destination. Good luck to you all.

We are of course here to support in any way, should you need it.

Miss. Carter

To Year 11,

This is our last bulletin of the year and your last bulletin ever! 5 long years of hard graft, high expectations, constant encouragement and determination are nearly at an end. Now is not the time to give up. Believe it or not but there is still time to improve your grades and reach for the stars! Exams start on April 28th and it is important that you use every moment to maximise your outcomes, attend every intervention session, attention in class, follow up on every task, complete every bit of work you can because when you open your results in August you will be immensely proud of the hard work you have put in. Many of you are thinking about your destinations after year 11 has been completed but it is important to remember that you can only get there through your hard work in the here and now! Mr. Walsh

"EDUCATION IS THE
PASSPORT TO THE FUTURE,
FOR TOMORROW BELONGS
TO THOSE WHO PREPARE
FOR IT TODAY."

Year 11 Bulletin

AMBITION • PRIDE • SUCCESS

March 2024

Top 75 Achievement Points



Richmond	554	Goda	379	Angel	331
Alia	499	Sam	379	Alex W	326
Marisa	497	Adam	378	Liliyanna	325
Olivia	480	Jessica	376	Baris	323
Kaitlyn	475	Yusus Y	371	Brian	316
Narin	459	Helin	371	Harry H	312
Anna	451	Ricardo	370	Malachi	312
Princess M	447	Daisy	365	Nisa	310
James H	434	Alex M	363	Ruby Ba	309
Molly T	433	Molly	357	Olawande	303
Elissa	431	Remaliah	355	Matthew P	300
Lily Hu	426	Emily	354	Jermaine	299
Aaliyah	422	Nur	353	Paige	299
Temi	420	Will	353	Sean	297
Maria	420	Natasha	351	Bella	297
Havana	399	Jesse C	345	Lacey	297
Gaetano	396	Anil	342	Chloe	296
James C	396	Ben	342	Jakub	294
Yehor	389	Aila	342	Orhan	293
Jake	388	Cameron	342	George	293
Daniel	388	Lily He	341	Lukrecija	293
Adrian	387	Victoria	338	Gracie	291
Azuolas	384	Ruby Be	338	Onur	289
Nil	384	Princess K	336	Ollie	288
Ellie	381	Brandon	331	Tom Br	287

Points total up to 24th March 2024.

Year 11 Bulletin

AMBITION • PRIDE • SUCCESS

March 2024

100% attendance is required from now until GCSEs start!



5 weeks to go to make a difference to your GCSE outcomes.

Make every day count. Every lesson that you are present in will make a difference. Make sure you arrive to lesson on time.

First written exam is Digital Information Technology on May 2nd.

Students with 95% + attendance (up to 24.03.24)

100%	100% (Cont)	99% (Cont)	97% (Cont)	96% (Cont)
Jessica	Sean	Onur	Nur	Maisy
Anil	PrincessM	Milo	Maria	Matthew A
James C	Temi	Tilly	Ellie	
Cameron	Victoria		Jesse C	95%
Yusuf T	Yehor	98%	Lacey	Alfie F
Alfie T	Molly B	Bella	Liana	Gracie
Natasha	Anna	Emily	Princess K	Daniel W
Olivia		Zac	Narin	Orhan
Connie	99%	Marisa	Tameera	Margo
Andie	Kilyan	Nil	Adrian	Luca
Malachi	George	Will	Tom Br	Ricardo
Zac	Sam	Chloe	Azoulas	Harry H
James H	Ben	Brandon		Terrelle
Lily H	Victor	Angel	96%	Jermaine
Ellie	Lukrecija	Alex W	Elissa	
Simon	Baris	Lilly Hu	Brian	
Henry	Heidi	Eren	Aaliyah	
Helin	Molly T	Adam	Ruby Ba	7/
Richmond	Daniel		Sienna	You
Kaitlyn	Nisa	97%	Charlie	AA7TN.
Liliyanna	Olawande	Goda	Matthew P	WATTNU
Alisa	Yusuf Y	Jake	Freddie	

Year 11 Bulletin

AMBITION • PRIDE • SUCCESS

March 2024

Exam Stress

Working towards exams can creating feelings of worry and being under pressure, however there are a range of things that you can do to help deal with the stress that you might be feeling.

Get that organised feeling

- Picture your exams as a time-bound project. Are the exams 40 days away? That's your 40day challenge. Best of all, there's a definite end point.
- Work out the basics: which exams you have, how much you have to learn for each one.
 Don't expect to learn everything; but having in mind where you'll get the marks can help you prioritise.
- Break your revision down into small chunks, and form a plan. Once you've got a plan, it will be easier at the start of the day as you will know what you need to work on.
- Schedule in plenty of free time to unwind, and protect this time. Nobody can work all day
 every day. If you give yourself plenty of rest you can do the same amount of work in half
 the time or less.
- Equally, don't panic if you go slightly off schedule tomorrow is another day.

Get into some good habits

- Take frequent breaks. Psychologists say we can only concentrate properly for 30-45 mins.
- Drink lots of water. People often underestimate how much hydration helps!
- Think about when and where you work best. There's no one best place or time to work it's about what works for you.
- Keep active. Even a short walk will do. Exercising is one of the quickest and most effective
 ways to de-stress. Fresh air will clear your head.
- Try to get about 8 hours' sleep a night.
- Find activities that help you relax. Schedule this down-time into your timetable.

Avoid bad habits

- Don't set yourself unrealistic goals. Nobody can revise 10 topics in a day! Avoid setting the day up to be a disappointment.
- Don't cut out all the enjoyment from your life. It is impossible to focus without giving your brain a rest by doing other activities.

Get support from friends and family

- Don't be put off by friends saying that they are doing huge amounts of revision. One of the key reasons people feel exam stress is due to comparing themselves to other people.
- If you're feeling really worried or anxious, chat to a good friend or a family member. It helps to get it out of your system, and they may well be able to help think about practical strategies to deal with exam stress.



Year 11 Bulletin

AMBITION • PRIDE • SUCCESS

March 2024

Year 11 Leavers Hoodies



An online shop has been set up with the School Leavers Company where you can view the design, order and pay for your own hoodies — what could be easier! The good quality hoodie is black with white numbers and letters. All students forenames have been placed within the number 24 which is on the back of the hoodie. The front of the hoodie had the number 24 on it. For an additional £4.95 you can add your name to replace the word "LEAVERS." Price £25.65. The hoodies will be delivered in school in May. A letter has also been set an announcement on Class Charts.

To order your **Leavers Hoodie.** You simply need to go to the follow the link:

https://www.schoolleaverscompany.co.uk/?gad_source=1&gclid=EAlalQobChMIzJWwldKRhQMVwZdQBh3NvQe_EAAYASAAEgKl3_D_BwE

Username: 4429 Password: **z8XQD4nH**

Shop closing date: 24/04/2024. Please ensure that the correct size is ordered.

Year 11 Prom – Friday June 21st at Forty Hall.



The Year 11 Prom is now confirmed. The Photo Booth with props and inflatables has been booked! Put on the silly hats, funny glasses and wigs, and strike a pose for the camera. You will have a lot of fun and will have access to the photos via a link.

The evening starts at 7pm, photos beforehand in the grounds of Forty Hall. The evening will end at 11pm.

The ticket price includes:

- sweet and savoury snack buffet
- Unlimited soft drinks
- Candy bar
- Donut wall

Students are able to provide a tune request list, more to follow on this.



Year 11 Bulletin

AMBITION • PRIDE • SUCCESS

March 2024

GCSE Food Technology Final Dishes

Year 11 took part in their 3 hour practical exams at the start of the month. We had a total of 40 dishes created over two days.

The students had to come up with their own dishes, write their own methods and use a variety of high level skills. Examples of these are deboning chicken, bread making and making pasta from scratch.

Miss Lines was very happy with the effort, skill and professionalism the students have shown and they should be proud of themselves too.







Year 11 Bulletin

AMBITION • PRIDE • SUCCESS

March 2024

Getting Support

Support is available through various organisations.

Hertfordshire Council and the NHS, provide access to **free mental health support** for young people aged 10-25. The Sandbox is an 'online hub' for children and young people where they can feel safe and take care of their Mental Health. You can find lots of really helpful resources on The Resource Zone. How you feel about yourself, your family, friends and life in general changes all the time. Having problems with how you are feeling is part of growing up. The Sandbox is here to help you understand how you are feeling, talk with other people, and find different ways to feel better.

<u>Childline</u> - Call **0800 1111** for free or **chat online** to a counsellor via their website. Childline is open 24 hours a day, 7 days a week.

<u>Young Minds</u> - Information about emotional wellbeing & mental health for young people.

The Mix – essential support for under 25s.

Contact details

At HT we pride ourselves on the level of support we provide for our young people and their families.

If you think there is an issue that we can help with our pastoral team is ready to support, you and your child. Please contact us at any time to discuss concerns you may have and encourage your child to share those concerns with us. Please contact anyone on the team using the emails below.

Mr Walsh (Assistant Principal):

Walshb@haileyburyturnford.com

Miss Carter (YAC):

<u>Carterv@haileyburyturnford.com</u>

Mrs Oatham (Year 11 SEND Link Worker)

OathamA@haileyburyturnford.com

Mrs Mitchell (SEN Coordinator):

Mitchellj@haileyburyturnford.com

To report an absence please email:

Attendance@haileyburyturnford.com

Year 11 return to school on Monday 8th April

